GRSM Grand River Sports Medicine Centre INJURY INFO

Possible Side Effects with All Injections

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Injections that are performed by a properly trained physician tend to be a relatively safe procedure. However, there are possible side effects that are possible with any type of injection. These include the following:

- Local pain or discomfort during or after the injection (e.g., needle discomfort, temporary tightness or fullness after the injection).
- Skin bruising, bleeding or discoloration
- Local tissue irritation and/or swelling
- Allergy to the local analgesic ("freezing") agent (topical xylocaine)
- Suffering a "vasovagal reaction" (fainting or feeling weak/faint/dizzy)
- Infection (risk is estimated statistically to be between 1:10,000 to 1:50,000)
- Needle break
- Nerve injury
- Blood vessel injury
- Lack of improvement
- Worsened pain or function